

# MINISTRY OF HEALTH & MEDICAL SERVICES P O BOX 268 BIKENIBEU TARAWA



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### **HEALTH TRAVEL ADVISORY & RESTRICTIONS**

## IN RELATION TO THE 2019 NOVEL CORONAVIRUS (COVID -2019)

# All travelers FROM and TO KIRIBATI (Tarawa and Kiritimati) are advised to take note of the following:

- 1. Citizens and residents of Kiribati who are planning to travel to areas and territories in countries with sustained transmission are recommended to avoid non-essential travel
- 2. In the event that travel cannot be postponed; preventive measures should be adhered to at all times.
- 3. In case of symptoms suggestive of acute respiratory illness before travel, travelers are encouraged to seek medical attention and advise about travel restrictions
- 4. In case of symptoms suggestive of acute respiratory illness during and after travel, travelers are encouraged to seek medical attention and share travel history with health care providers.
- 5. A Health Arrival Form is to be filled out and copies of e-tickets to be provided by all incoming travellers upon arrival to Kiribati through Tarawa and Kiritimati.
- 6. All incoming international travelers will be subjected to temperature check upon arrival to the international airports and seaports in Kiribati.
- 7. All Travelers from areas and territories in countries with ongoing local transmission<sup>11</sup> of novel coronavirus must spend at least 14 days<sup>2</sup> in a country free of the COVID-2019, and to provide a medical clearance to confirm and/or prove this coronavirus free status.
- 8. In the event that travelers arrive earlier than the required 14-day-period, health quarantine measures may be applied and deportation to the country of travel origin would be considered depending on the health status of the individual.
- 9. Such travel advisory applies to all travelers including returning residents as the country has highly vulnerable group (high incidence of NCDs) of COVID-19 and also the absence or limited capacity of clinical management and ability to contain the virus if introduce.

### THESE REQUIREMENTS WILL COME INTO FORCE EFFECTIVE IMMEDIATELY.

All travelers are required to comply with the required preventive measures.

PREVENTIVE MEASURES

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<sup>&</sup>lt;sup>1 1</sup> confirmed local transmission in line with WHO SitRep

### At all times

- Avoid close contact with people suffering from acute respiratory infections
- People with symptoms of acute respiratory infection should practice cough etiquette (maintain distance, cover coughs and sneezes with disposable tissues or clothing and wash hands)
- Avoid contact with animals (alive or dead), visiting animal markets, and purchasing products that come from animals (such as uncooked meat).<sup>2</sup>
- Wash hands often with soap and clean water for at least 20 seconds. Use an alcohol- based hand sanitizer if soap and water are not available.
- Older travelers and those with underlying health issues may be at risk for more severe disease and should discuss travel to affect areas and territories with their health care provider.
- In order to minimize the risk of transmission, people travelling to the affected area should maintain good hand and personal hygiene.
- Travelers should seek medical attention if they develop respiratory symptoms within 14 days if
  visiting any other affected countries or countries with local transmissions, informing their health
  service prior to their attendance about their recent travel to the affected country.
- Self-Quarantine at home to minimize spread of infection

These measures are being undertaken to protect Kiribati from the introduction of this infection into our communities. For more information contact **Mrs Kaaro Neeti** (Secretary, MHMS) on (686) 74028100 extension 202; or (686) 73072357 or Director of Public Health 73058772, or Deputy Director of Public Health 73007258

Country with confirmed local transmission of COVID-19					
1. Peoples Republic of China including Hong Kong SAR, Macau SAR and					
Taipei environs	24. Canada	47. Slovakia			
2. Singapore	25. Indonesia	48. Bulgaria			
3. Japan	26. Lebanon	49. Maldives			
4. South Korea	27. Switzerland	50. Bangladesh			
5. Malaysia	28. Sweden	51. Bahrain			
6. Viet Nam	29. Israel	52. Iraq			
7. Australia	30. Romania	53. Egypt			
8. Thailand	31. Ecuador	54. Palestinian - Occupied Territory			
9. United State of America (Main Land)	32. Algeria	55. Brazil			
10. Germany	33. Belgium	56. Chile			
11. France	34. Portugal	57. Costa Rica			
12. United Kingdom	35. Belarus	58. Peru			
13. Spain	36. Bosnia and Herzegovina	59. Cameroon			
14. Italy	37. India				
15. Iran (Islamic Republic of)	38. Phillipines				
16. Norway	39. New Zealand				
17. Netherlands	40. Cambodia				
18. Croatia	41. Austria				
19. Greece	42. Iceland				
20. Finland	43. Czechia				
21. Denmark	44. Ireland				
22. San Marino	45. Slovenia				
23. United Arab Emirates	46. Hungary				